



**English Federation
of Disability Sport**

Presentation by
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Director of Events



The EFDS Mission

To be the united voice of disability sport
seeking to promote inclusion and achieve
equality of sporting opportunities for
disabled people



**English Federation
of Disability Sport**

EFDS

- Established in 1998
- Core funding Exchequer Award
- One of three organisations working to improve equality in sport
- Sporting Equals
- Women's Sport Foundation



English Federation
of Disability Sport

United voice - NDSOs

- British Amputees and Les Autres Sports Association
- British Blind Sport
- British Deaf Sport
- Cerebral Palsy Sport
- Mencap Sport
- Wheelpower
- Special Olympics



English Federation
of Disability Sport

Core principles

- Mainstream sporting opportunities for disabled people
- Enable community and sporting partners to deliver
- Facilitate positive changes for all impairments
- Lobby key agencies



Our partners

- Disabled people
- Government – national and local
- Sport England, Equity Partners, Youth Sport Trust,
- Sport Providers: NGBs, CSPs, LA's
- Organisations which empower disabled people



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EFDS Brands

- National and 9 Regional offices
- Disability Sport Events
- Inclusive Training
- Inclusive Fitness
- Gym/ Exercise Buddy
- Count Me In



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Disability Sports Events

- Largest Events Programme
- 12 major national and regional pan disability events
- Over 8,000 participants
- Works with BPA, YST and NGBs on talent identification
- Leader in profiling and classification



Inclusive Training

- Courses run by disabled tutors
- 2,600 front of house leisure staff have attended Disability Equality Course
- 3,500 teachers trained under Including Disabled Pupils in PE Course
- Courses developed for NGBs and CSPs

Inclusive Fitness

- Launched 2001
- 180 IF fitness facilities in England
- 6% increase in participation
- 30,000 visits by disabled people
- Extended to private sector
- Target 800 sites

Gym & Exercise Buddy

- Volunteer support for disabled people
- Partnership programme with Department of Health
- Volunteers buddy in a gym environment
- On line training resources to train buddies on website: www.efds.co.uk/resources



Count Me In

- Campaign asking people to register their support for disabled people having equal access to sport
- Web based resources to support sports providers make their services accessible to disabled people
- Target 10,000 registrations

Count Me In

- Launched by Minister of Sport
- Supporters include: Minister for Disabled People, Chair DRC, Chair UK Sport, CE Youth Sport Trust
- Sporting stars include: Ade Adepitan, Sir Trevor Brooking, Duncan Goodhew, Colin Jackson, Dame Kelly Holmes, Ian Rose and Tessa Sanderson

Count Me In

- You can make a difference
- Register on line: www.efds.co.uk or fill in form
- Encourage your colleagues to register
- 10,000 registrations will give us to platform to campaign for more resources for disability sport

EFDS contact details

Email: info@efds.co.uk

Website: www.efds.co.uk



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